



☎ 01 820 1488

✉ rcc@ddletb.ie

🌐 www.rathdaracc.com

Dear Parent/Guardian,

During this term, as part of our SPHE Programme in **Senior Cycle (TY, 5<sup>th</sup> & 6<sup>th</sup> Year)**, we will be teaching the module on Relationships and Sexuality (RSE). RSE is much wider than the physical aspects and incorporates the moral, spiritual, social and psychological elements of each person. In Senior Cycle RSE, the topics that will be covered are as follows:

- Healthy Relationships & Communication
- Sexual Health
- Consent
- Sexual Identity


Your son/daughter may wish to talk about the topics raised in class and you are best placed to address any concerns they may have. You may find the following resource to be helpful: <https://www.sexualwellbeing.ie/for-parents/resources/booklets/making-the-big-talk-many-small-talks-13-to-18.pdf>

This module will begin between February and March 2024.

If you would like to discuss this further, or if you have any queries, do not hesitate to contact the school.

We would like to take the opportunity to thank you for your ongoing support.

Yours sincerely,

  
Principal